

8%

of all people who died by **suicide** had **recent contact with drug and alcohol services**

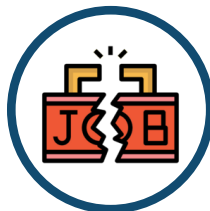
428

registered deaths by suicide between 1 October 2021 and 30 September 2022

Social and demographic features



50% **men**
aged **35-54**



47%
unemployed



34% lived in
deprived areas

Clinical factors



48% **alcohol** was
main substance



25% **completed**
treatment



Less **treatment** for
mental health

Common themes from serious incident reports



Interpersonal
problems

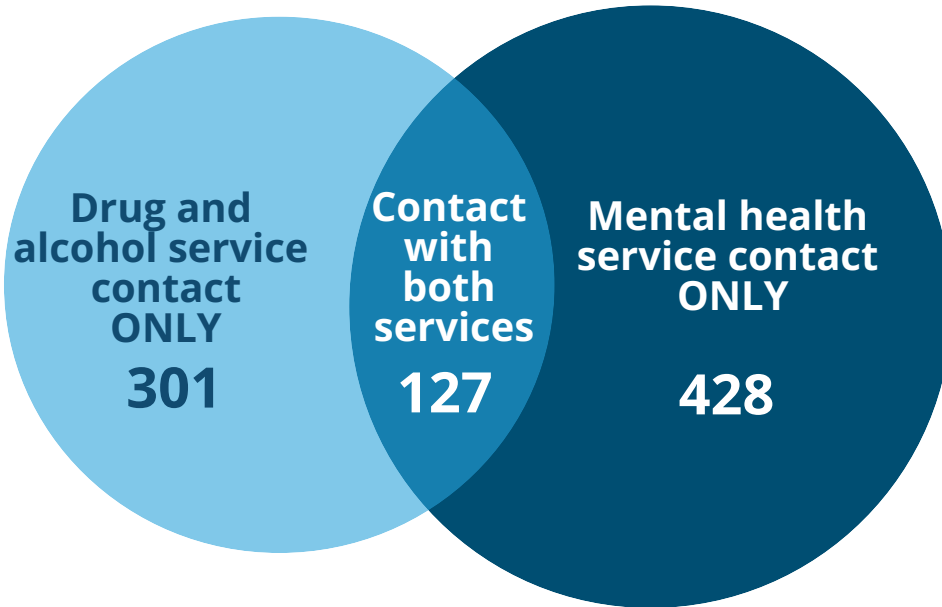


Recent contact



Self-harm and
suicidal ideation

People under the care of mental health services



Few people receiving both **mental health** and **substance misuse** care



76% had previous **self-harm**



20% **missed last** appointment with services



14% **non-adherent** with medication

Opportunities for prevention for drug and alcohol services



Signpost to financial support



Awareness of changing risks



Frontline staff training



Joint working with mental health services



Continued monitoring of trends